

MOVEMENT MATTERS

JULY 2026– Curated by Anne Nelson



Kinetic Light's LAB: A Space for Disability Arts Community

Kinetic Light, the internationally renowned disability arts ensemble, creates works of performing art, technology, and design that reimagine the boundaries of contemporary dance aesthetics. The company shares, “In our work disability is not a deficit, it is a powerful, intersectional creative force that is essential to our artistry. Access is integral to our art, creative process, administrative work, and audience experience.” In addition to their astonishing performances, Kinetic Light actively supports the disability arts collective through programs centered around equitable access and community.

What started in 2020, as a small experimental virtual gathering place made up of NYC-based disabled creatives, has bloomed into a prolific resource for the disabled arts community. The LAB program creates an open sharing space each month for artists navigating disability—including physical disabilities, chronic illness, neurodivergent, and hearing or visual disabilities, among many others. Now open to those outside of the NYC area, LAB invites anyone identifying as a disabled artist to join by filling out the Google Form found on the Kinetic Light website. These virtual gatherings host open social “Hangouts” for disabled creatives to connect and network, “Open Calls” to share resources, and “Incredibly Chill Art Shares” inviting others to experience interdisciplinary art in the works. Because Kinetic Light deeply values the accessibility of all their programs, each LAB gathering offers ASL, CART (Community Access Realtime Translation), open description of visuals, and audio description. For disabled artists seeking a community that mirrors their own expansive potential, Kinetic Light’s door is open. To join in on this enriching artistic gathering, visit their website for ways to sign up. Kinetic Light “...hope[s] you will join us in disability community!”

REFERENCES:

Newman, J. (Photographer). (2018). DESCENT by Kinetic Light [Photograph]. Experimental Media and Performing Arts Center (EMPAC). <https://empac.rpi.edu/events/2018/descent>. Retrieved July 1, 2026.

Kinetic Light. (n.d.). LAB community programs. Retrieved June 28, 2026, from <https://kineticlight.org/lab>

