

## **Teacher Workshop**

Friday, January 14, 2022

9:00 am – 3:30 pm

Dance for Schools Teacher Workshop

Alabama Dance Festival

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### ***Dance for Every Child:***

#### ***The Laban Approach to Integrating Movement in the P12 Classroom***

The Dance for Every Child workshop offers instructional strategies to effectively bring creative movement into any P12 classroom. This professional development program is designed for educators who want to utilize arts integration in their classrooms but need practical methods and resources.

During the program, you'll develop a foundational understanding of Laban-based<sup>1</sup> pedagogy that addresses cognitive, affective, and psychomotor domains of learning and supports the teaching of creative movement in P12 classrooms. In the Laban approach, each student is seen as a unique individual who interprets movement concepts in personally meaningful ways.

Individually and in small groups, you will actively explore basic dance concepts, the use of arts-based technology resources in your lessons, and the Language of Dance notation symbols which support the integration of ELLs and the transference to other curricular areas that use graphic symbols (i.e., mathematics, science). These active engagement exercises can also be used to help students acquire new vocabulary, gain deeper understanding of the written word, and comprehend word meaning in multiple contexts.

Finally, you'll walk away with techniques to consider integrating movement to authentically engage students' critical thinking, collaboration, and communication skills.

Laban-based resources to be shared and/or explored with participants include:

- LOD<sup>2</sup> Movement Alphabet
- DEL<sup>3</sup> Lesson Plan Template

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<sup>1</sup>Rudolf Laban (1879-1958) developed a framework for teaching, learning, choreographing, performing, writing about and recording movement. In the United States, his framework is known as Laban Movement Analysis.

<sup>2</sup> As part of dance teaching and learning, Language of Dance (LOD) provides a conceptual framework and pedagogical approach to develop dance literacy represented by the visual symbols of motif notation. LOD was developed by Dr. Ann Hutchinson Guest, a leading scholar of Labanotation and movement analysis.  
<http://www.lodcusa.org>

<sup>3</sup> The Dance Education Laboratory (DEL) inspires dance educators to engage in creative, transformational, and ongoing professional learning centered in the artistry of teaching and focused on humanistic principles of equity and justice. DEL provides an inclusive, nurturing, and dynamic laboratory where dancers and educators from

- DEL Movement Sentence Template
- DEL Body Chart
- DEL Effort Chart
- DEL Relationship Chart
- DEL Space Chart
- DEL Action Words Chart
- DEL Dancemaker App

### Schedule

- 9:00-9:30am: Introductions and Framing
- 9:30-9:45am: Warm-up using the LOD Movement Alphabet
- 9:45-10:00am: Deconstruct Warm-Up
- 10:00-10:30am: Build on Warm-up to Create and Share Movement Sentences Using Dance Notation Symbols
- 10:30-10:45am: **Break**
- 10:45am-12:00pm: Explore DEL LMA Charts and Lesson Plan Template
- 12:00-1:00pm: **Lunch**
- 1:00-2:30pm: Explore DEL Action Words Chart, Movement Sentence Template & Dancemaker App
- 2:30-2:45pm: **Break**
- 2:45-3:15pm: Create and Share Movement Sentences Using the Dancemaker App
- 3:15-3:30pm: Discussion & Closure

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diverse communities gather to experience embodied exploration and discovery, collaborative dance making, culturally responsive practices, and collective self reflection. DEL...art at the heart of teaching™  
<http://danceeducationlaboratory.com>